

# The Quotable Doug

Doug (the inventor of the Doug machine) and myself have had many conversations, over the phone and in person, about Lyme and Lyme. He is a wealth of knowledge and should be listened to. I think Doug is one of the most articulate and accurate Lyme info sources. He may not be an LLMD but I think he is in many ways better. I have compiled some quotes from him and others who know him that should help you all with your herxing struggles:

"Old problems you have not had for years will reappear fast, then go away slowly. Look for changes in your symptoms. This is a good sign." -Doug

"You will be in a constant herxheimer for six months before you start to feel better" -Doug

"In many ways the first year of using the machines was worse than anything I had ever gone through with Lyme. I was functioning like an Alzheimers patient. Then after that first year, I wouldn't herx anymore and the machines would just make me feel soooooo much better. Sometimes I would herx and sometimes I would feel much better. Then later, I would just feel better." -Kay in AZ

"I seemed to feel pretty good during summer time and then late summer and fall would be major herxheimer time." -Doug

"If you get to 90% but still aren't well, you need to try new frequencies because you've probably chased the bugs into different frequency ranges. These bugs mutate and change." -Doug

"A person going through this treatment finds out how many areas of his body are infected. Usually, that means the entire body. One often finds out from the Jarish-Herxheimer reactions that the infection was far worse than expected." -Doug

"I believe that if a person is on antibiotics when doing these treatments, he will not progress as fast. Antibiotics seem to make the bugs hide or mutate into a form that does not respond to electronic treatment." -Doug

"Everyone is different, and some people may require a different treatment schedule. Some people go faster and some must go slower. The gauge is how strong the Jarish-Herxheimer reaction is. At this point, the patient is the doctor." -Doug

"The process of getting well is a long and hard one, usually taking about two years. (For children and teenagers who are not badly infected, it may be as short as one year.) The cure time has something to do with the life cycle of the bugs, or the seasons. Most Jarish-Herxheimer reactions seem to take place in the spring and fall. Maybe this has something to do with the bugs mutating or dividing. I know that there are at least four forms of the bug, because we use at least four frequencies to kill them." -Doug

"Great care should be taken when using it for the initial treatments. It can cause Jarish-Herxheimer reactions, which I feel could be fatal if one's heart were badly infected or if a person were older." -Doug

"We also learned that you must be patient to defeat this disease. It is now over 5 years since she first became ill. I have seen people try the machine a couple of times, have a major reaction, but if they aren't better within a couple of weeks, they go on to try other things. It was 12 weeks before my wife really started to feel the effects of the machine. You must be patient. The Lyme healing process takes at least 2 years using the frequency generating machine." -Mike Graham

"In desperation, he had a machine built and for 17 months I have been using the machine weekly. The quality of my life has improved dramatically. I have horrible herxheimers and they are difficult to endure sometimes, but once the toxins are eliminated I experience a feeling of tremendous improvement. I prayed for the Lord to lead us to a cure and I believe that the machine is it." -Kay in AZ

"It takes FOREVER to get well. Lots of times I thought I was through with it, I had a few months without symptoms and without herxheimers. Then all of a sudden I would start having herxheimers again, and be sick for a few months. This went on for more than 3 years." -Doug

"Symptoms are so subtle and changes so slow that most of the time you don't even know if you are getting better or worse." -Doug

"I just wanted to add my voice to rife machines. I've been using an emem3d for 4 & 1/2 months now for lyme disease and I'm doing 35% better than I was before using it. That first month was PURE hell, the second month was hell, the third month sucked but it wasn't hell, the fourth month I started reading and smiling again. I seem to be getting better at about 8% per month. I almost gave up that first month because I didn't know it took at least a year to get better and since I only felt a tiny bit better after a whole month I figured it was another one of those things that helped a little and that was it." -Chrissy

"I was on two months of IV antibiotics before doing the rife and as soon as they pulled it I was right back to pure misery. Since I started using the rife I stopped all antibiotics. I haven't needed them since, thank god. I tried borreligen (a herbal supplement for lyme) and ledum (some vets were using it for dogs with lyme) neither one really did anything for me. I wouldn't waste anymore money on them." -Chrissy